

areha driehti





Swami Viditatmananda Saraswati

Intelligent Living: Dharma in the 21st Century



is a well known and highly respected teacher of Vedanta who been teaching in India and around the world for nearly 40 years. erudite scholar, he is able to adeptly present this profound teaching with simplicity, humor, and clarity. Swamiji took the vows of sannyasa to become a Hindu monk from his renowned teacher Swami Dayananda Saraswati after education in the west and a career as an engineer, uniquely qualifying him to bring this ancient wisdom alive in a modern context.

Vedanta is an ancient living teaching tradition the Vedic Sanskrit scriptures of India that explores the rooted in oneself, the world, and the sacred. This teaching presents a vision realities of that transforms the limiting notions we entertain about ourselves, as well the resulting struggles of "becoming", into a direct appreciation that we already are what we seek to become. It is in this recognition that freedom, peace, and fullness are discovered. This knowledge of oneself equips one to meet life with compassion, humor, and purpose, and enables one to become simply alive to what is.

Monday, June 30th 7:30 PM **Shiva Vishnu Temple** 9252 Miramar Road San Diego, California 92126

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