

अरशा द्रिश्टि

presents talks by

Swami Veditatmananda Saraswati

**Intelligent
Living :
Dharma in the
21st Century**

**Monday June 30
7:30 pm
Shiva Vishnu Temple
9252 Miramar Road
San Diego, CA 92126**



**Freedom
From
Sadness**

**Tuesday July 1
7:30 pm
First Unitarian
Universalist Church
Clark Chapel
298 West Arbor Drive
San Diego, CA 92103
(Free-will donation accepted)**

Swami Veditatmananda is a highly respected teacher of Vedanta in India and around the world. Once an engineer by profession, Swamiji took his vows of sannyasa after an in-depth study of Sanskrit and the Vedic scriptures with his renowned guru Pujya Swami Dayananda Saraswati. Swamiji's insight into both Indian and Western lifestyles and concerns uniquely qualifies him to bring this ancient wisdom alive in a modern context with clarity and humor.



Vedanta is a living ancient teaching tradition that explores the realities of oneself, the world, and the sacred. This teaching presents a vision that transforms the limiting notions we entertain about ourselves into a direct appreciation that we already are what we seek to become. It is in this recognition that freedom, peace, and fullness are discovered, allowing one to simply become alive to what is, and meet life with joy, compassion and purpose.